## ASDA BUFFALO



#### **BULL BURNISHER**

## LET'S GO 46 BUFFALO

Here's a glimpse into the Fall 2022 semester at UB's School of Dental Medicine!

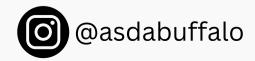


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#### IN THIS EDITION...

students advocating for our profession, destressing, promoting sustainable and healthy habits, and much more!



asdabuffalo.com

### A MESSAGE FROM

#### **OUR ASDA PRESIDENT**



#### John Lepore, C/O 2024

- The 2022 Fall semester brought with it not only a new cohort of students, but also a re-birth of club activity. With every year that passes after 2020, one can feel the damper of the COVID-19 pandemic retreating as many new clubs were formed and previous ones continued to grow and flourish. Student activity and leadership is bustling here at UB Dental. Regardless of different interests and involvement levels, there was never a dull moment for students seeking extracurricular activities. The energy could be felt throughout Squire Hall as the entire UBSDM community was in-person for class, clinic, and everything in between.
- We welcomed the Class of 2026 in August with Orientation Week while the upperclassmen finished summer rotations and courses. Nightly social events brought us all together and helped introduce the incoming class to the existing student body while showcasing the exciting events to come. During the first week of Fall classes, we hosted ASDA Week. We kicked off with our Annual Boat Cruise on Monday, which was followed by a Dippin Dots truck on Tuesday, the ASDA Vendor Fair on Wednesday, the ASDA Club Fair on Thursday, the Dean's Welcome Back BBQ and a fun social event on Friday to close out the week. These events in the first two weeks of the semester had everyone brimming with excitement and ready to tackle the semester.
- Early in September, BOCA and ASDA Wellness hosted a
  Celebration of Life here on South Campus on Clark Field.
  This was an afternoon of field games, followed by a
  meditation, speakers, and a lantern lighting for suicide
  awareness. As we all are aware, dentistry is a challenging
  profession and gives way to multiple avenues for stress
  to settle in. The celebration was purposed to raise
  awareness for suicide prevention and was one of the
  most impactful events of the semester.







#### **ASDA President Message, continued**

- October was a jam packed month with our FrightWorld event, the annual Billy Baroo Golf Tournament, and perhaps the most anticipated event of the year, the Annual Buffalo Bills Tailgate! This year we broke records and sent over 300 students to Orchard Park to tailgate and watch the Buffalo Bills win a defining 27-13 victory over the Green Bay Packers. Next year, we are hoping to host the first ASDA Superbowl Tailgate for the Bills!
- Also in October, we sent 29 of our students to the ASDA
   District 2 Meeting in Times Square, New York City. District
   2 is composed of the 6 NY and NJ dental schools. The
   weekend was filled with programming, a vendor fair and
   concluded with a gala. At the awards ceremony
   concluding the gala, 4 of our students won individual
   awards and Buffalo as a whole won Outstanding Advocacy
   Initiatives and Chapter of the Year awards!
- We kicked off November with Pasta and Politics, an event that brought students and faculty together to discuss various advocacy initiatives while carb loading. This exciting month continued with an ASDA Bar Crawl in Allentown and students came dressed up in their most creative costumes and supported five of our local bars.
- Also in November, 8 students traveled to Chicago, IL to attend the National Leadership Conference. The conference commenced with a keynote speech from Josh Sundquist, an inspirational comedian, paralympian, and TikTok-famous, Halloween costume connoisseur. The weekend consisted of leadership training, networking, and social events. November was closed out with many students traveling home for Thanksgiving to spend time with their families and regroup before finals. After a great 4 months full of academics, clinic, wellness events, socials, conferences, and much more, we returned for our last few classes before closing out the semester with finals.
- The Fall of 2022 was a semester for the books. Traditions were reestablished, connections were made, and excitement was rekindled. A big thank you to the people that make ASDA so special. Looking forward to what Spring 2023 holds!







# Sustainability





@asda\_sustainability



# CULLTIVATING URBAN NEIGHBORHOODS

#### YOGA & PLANT SWAP

Last September, relieving stress and sharing plants and a co-taught yoga session by two D3 experienced yoga practicers: Natalia Jakacki and Brianna Yusiewicz.! Plants/pots were also swapped with others in the group!

BOCA x Sustainability outreach All our student volunteers made an outstanding difference revamping this Buffalo Grassroots Gardens WNY community garden last October!





# WELLNESS =



Making sure students take time to care for themselves!



#### WORKOUTS

Emma (D3) and Molly (D2) spearhead many events during the year, reminding students to be mindful of your feelings and make adjustments at your own pace, because even small steps forward or a step back can make a big impact on your wellness!

#### CELEBRATION OF LIFE

In honor of National Suicide Prevention week and raise awareness and support for mental health and suicide prevention.



# FARMERS' MARKET THURSDAYS!

Fresh fruit was gathered from Becker Farms for students to enjoy weekly!



**WELCOME TO OUR** 

# ASDA Advocacy

Make a Rifference



#### Pasta and Politics

Led by Daniel Keller (D2) and Shruti Gajbhiye (D3), ASDA Advocacy's biggest event of the semester is Pasta and Politics, which is a round table discussion on topics affecting our industry such as student debt, insurance, licensing and more.



#### Lobby Day

Students gathered in Washington, DC alongside over 1,000 dentists and students to discuss matters that advocated for change and representation for the dental profession and patients.

Look out for the Lobby Day experience again coming up in mid-March 2023!







### Voter Registration Drive

This drive was held during the Midterm Elections in October 2022, where the ASDA Advocacy group encouraged people to register to vote and cast their ballots. They also informed students on relatable issues such as student loan forgiveness.



# Advocacy Update from ASDA Treasurer, Christopher Lepore C/O 2024!!

- - Every year November is considered by the American Student Dental Association (ASDA) as advocacy month and this past advocacy month was a particularly big one. The goal of advocacy month is to inform ASDA members about the issues currently impacting the field of dentistry and the importance of advocating for the measures to address them. This past November proved to be a great example of why it is important to advocate in the dental profession. There were many initiatives aimed at addressing issues in dentistry that—after lots of advocacy efforts—were accepted on the ballots.
  - One of the biggest stories that emerged this past November was from Massachusetts. On the ballot in Massachusetts, there was a proposed law for voters to accept or deny regarding increasing transparency and accountability of insurance companies. This received overwhelming support through advocacy and monetary contributions from dentists and dental societies across the country to bolster efforts in Massachusetts to try and get this legislation passed. Through their efforts, the people of Massachusetts voted yes on this measure. In doing so, it requires insurance companies to pay a higher amount of a patient's premium on their patient care, make apparent what they are spending patient premium dollars on, and would require the insurance companies to refund something if they don't meet those standards. However, the importance of this legislation being passed is countrywide. Many people consider this the stepping stone to start advocating for legislation like this in their state to improve the dental profession. It just goes to show how advocacy efforts while hard-fought, can be successful with enough support and advocates behind them.











#### Advocacy Update, continued



Graphic by Shruti Gajbhiye, Class of 2024

However, this wasn't the only highlight that came out of November as a result of advocacy efforts. In California, efforts to keep a ban on flavored tobacco products was successful. In South Dakota, efforts to expand the Medicaid program were successful and now over 40,000 people will be eligible for coverage. In Maine, there was a tight ballot to keep fluoride in their public water system, but through the efforts of the people of Maine it passed. While these are only a couple highlights of a large number of wins for the dental profession, it goes to show that being an advocate and supporting the dental profession truly makes a difference.





## **SOCIAL LIFE!**

From free goodies to having fun, there have been many opportunities to destress outside of the classroom!

#### **Vendor Fair!**

The Fall Vendor Fair was a huge success as students were able to network with companies such as Colgate and Dental Dreams, learning about various advancements in the dental field and future opportunities as future dental providers! Students also received free goodies and were able to partake in a raffle that included Colgate products and Buffalo Bison baseball tickets!



# ASDA Boat Cruise!



# Wellness walks during lunch!



#### **Frightworld!**

Last October @ Frightworld, America's largest indoor scream park, enjoying season!

Back in August, the entire student body gathered, chatting over lunch and playing sports like football and cornhole! It was a great turnout and Interim Dean Ruhl did not disappoint as the grill master!



# SOCIAL EVENTS





#### UBSDM BILLS MAFIA

With another riveting season of Bills football, UBSDM students have enjoyed Sunday football with Tailgate meetups throughout the duration of this season!







The Bills make me wanna SHOUT!



## **ALUMNI EVENTS**

BILLY BARUE GOLF TOURNAMENT



Spearheaded by ASDA Alumni Reps Tanner and Anthony this year, this annual event was another success, bringing together alumni, students and faculty to enjoy a weekend of free ranging, 18-hole golf and dinner! Special shoutout to Heartland Dental for helping to make this event happen.





#### ASDA ALUMNI REPS

Tanner Wakefield '24 (L)

Anthony Tardibuono '25 (R)



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# **FUNDRAISING**







Last October in Delaware Park, this event promoted friendly competition and support for future outreach events! Light breakfast and coffee were a spectacular addition too!



HOLLY MCLEAN, MATTHEW FASULO, PAUL DIMARZO (C/O 2025)

CLAIRE PRUNIER, CHRIS LEPORE, CAITLYN MURRAY (C/O 2024)

#### **Waffle-Knit Crewnecks**



An essential for Buffalo winters, our Fundraising chairs helped students bundle up while supporting local and international outreach trips in the future!







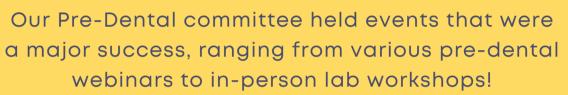
WE • OUTREACH!



Pre-dentals!







#### **ASDA PRE-DENTAL COMMITTEE!**



MARTA TELEPKO ASDA PRE-DENTAL



AVA WALCH ASDA PRE-DENTAL



MENTORSHIP COORDINATOR



MENTORSHIP COORDINATOR ELECT



NIMRITA SINGH



HOLLY MCLEAN SECRETARY ELECT



PRESENTATION



SUNG YOON WEBINAR COORDINATOR



CLAIRE MARTIN
WEBINAR
COORDINATOR ELECT



NATALIA JAKACKI



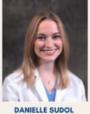
SARA ROSENTHAL EVENT COORDINATOR



SOCIAL MEDIA/NEWSLETTER



CHLOE SCHRIER



DI REPRESENTATIVE





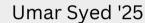
# INTERPROFESSIONAL RELATIONS

Watch out for more on the interprofessional mixer event in the Spring edition of Bull Burnisher!

Besides UB Dental, students had the opportunity to network with students from the UB Medical, Law and Pharmacy schools!

**Interprofessional Chairs** 

Nicole Walawander '24







Venue: Lexus Club, KeyBank Center!



### EQUITY, DIVERSITY AND INCLUSION (EDI)

Led by Our ASDA EDI Representative, Nicholas Servadio!

Nicholas has been an integral bridge between our committee and the UBSDM EDI Committee at large and student/staff/faculty body! He has raised awareness and spearheaded efforts on matters such as:

- More transparency when introducing new members to our UBSDM community
- More considerate and attentive care for patients of diverse populations
- Providing clearer instructions/communication with patients by overcoming language barriers
- Helping disperse a climate survey this past year to gauge student views on how UBSDM is doing with upholding principles of Equity, Diversity and Inclusion at the institution







## Did you know you could report any EDI incident to UBSDM?

Check out the SDM Diversity and Inclusion Reporting page to do this! Our school ensures a safe and inclusive environment for everyone, so don't hesitate to reach out!

https://dental.buffalo.edu/about-us/sdm-diversity-and-inclusion/reporting.html



# kunch starn kearn

Thank you to everyone who makes these events a success!







**ADA.** Members Insurance Plans









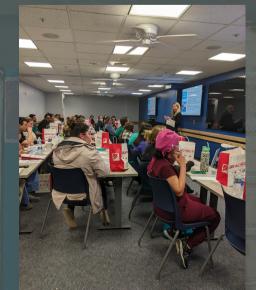
Our L&L Coordinators!

**Casey Brand** 





**Monica Mack** 



## UBSDM ASDA LEADERSHIP

2022-23

**PRESIDENT - JOHN LEPORE** 

**IMMEDIATE PAST PRESIDENT -ANDREW HANNA** 

PRESIDENT-ELECT - JACINTA **TRACEY** 

SECRETARY - AMANDA CHOY

TREASURER - CHRIS LEPORE

TREASURER-ELECT - AHMED **ALBAKRY** 

**LEGISLATIVE LIASON - SHRUTI GAJBHIYE** 

LEGISLATIVE LIASON-ELECT -DANIEL KELLER

FUNDRAISING CHAIR - HASTINGS **WILLIAMS** 

FUNDRAISING CHAIR-ELECT - SAM **KAPLANSKY** 

SOCIAL CHAIR - RAVEENA MUNNANGI

SOCIAL CHAIR-ELECT - KARIN PRINS

**CO-HISTORIAN AND** SOCIAL MEDIA CHAIRS - TINA FADEL + LIA ALLETO

PRE DENTAL LIAISON - MARTA **TELEPKO** 

PRE DENTAL LIAISON-ELECT - AVA WALCH

**WELLNESS CHAIR - EMMA CHUBB** 

WELLNESS CHAIR-ELECT - MOLLY **DENMAN** 

SUSTAINABILITY CHAIR -**BRIANNA YUSIEWICZ** 

SUSTAINABILITY CHAIR-ELECT -MADELYN RITTER

**LUNCH & LEARN COORDINATOR** 

**ALUMNI REPRESENTATIVES - TANNER** WAKEFIELD (D3), ANTHONY TARDIBUONO (D2) + JOSEPH LIPPA (D4)

INTERPROFESSIONAL RELATIONS CHAIR - NICOLE WALAWANDER

INTERPROFESSIONAL RELATIONS **CHAIR-ELECT - UMAR SYED** 

**WEBMASTER - MATTHEW DENG** 

**MARKETING MANAGER - LEANN** RICHERT

**EDITOR-IN-CHIEF - FARHAN RAHMAN** 

**GOLD CROWN CHAIR - BRAEDEN** MATHUR

#### From our editors:

Thank you everyone for their contributions and for making **UBSDM** the place it has flourished to be!



#### Thank you to our Sponsors from the

# 2022 ASDA Buffalo Vendor Fair

Featuring Representatives from:



Vermont State 42N@RTH DENTAL





































Free Raffle Prizes Available!!



Thank you to all of our amazing sponsors!